## Health Fest 2011

We are celebrating Public Health Week with free giveaways, demos, and health and safety information

Tuesday, April 5, 2011
10 am - 2 pm
Pershing Square
532 S. Olive Street
Los Angeles, CA 90013

- Learn how to prevent falls and other injuries
- Find out if your child still needs a booster seat
- Get a free blood pressure screening
- Self-defense demonstrations. Learn how to protect yourself
- Find out how you can be ready for emergencies
- Get expert answers to your health questions
- Pick up free information on nutrition, exercise, immunizations, and senior safety
- Find out if your home kitchen deserves an A grade







